



### **Diabetes: Understanding the Disease State**

Release date: January 7, 2021

Expiration date: January 7, 2023

Estimated time to complete activity: 1 hour

Recommendations for computer software, operating system, and internet speed as follows.

- 1) High speed internet access which allows internet browsing and video playback,
- 2) Up to date web browser software (Windows IE, Chrome, Firefox or Safari),
- 3) Windows OS 7, 8, 8.1 or 10 or Mac OSX systems and
- 4) Recommended internet connectivity could be either cable, isdn or at a minimum a 1mb business connection.

Jointly provided by Postgraduate Institute for Medicine and AAPT.

#### **Target Audience**

This activity is intended for pharmacy technicians to enhance their professional skills and teamwork.

#### **Educational Objectives**

After completing this activity, the participant should be better able to:

- Give a general overview of diabetes mellitus (T1D, T2D), risks, and associated complications
- Describe patient barriers to initiation of insulin therapy and strategies for patient education to address these issues.
- Provide an overview of the insulin delivery options, including pen needles, syringes, auto injectors, and pump based therapy.

#### **Faculty**

DR. NOAH PALMIERI, PHARM.D., RPH ADJUNCT FACULTY, MCPHS UNIVERSITY SCHOOL OF PHARMACY  
BOSTON, MA



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INTERPROFESSIONAL CONTINUING EDUCATION

#### **Joint Accreditation Statement**

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and AAMI. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Continuing Pharmacy Education**

Postgraduate Institute for Medicine designates this continuing education activity for 1 contact hour (0.1 CEU) of the Accreditation Council for Pharmacy Education.

(Universal Activity Number - JA4008162-9999-20-2529-H04-T)

Type of Activity: knowledge

### **Disclosure of Conflicts of Interest**

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. PIM is committed to providing its learners with high quality CME activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

### Faculty

DR. NOAH PALMIERI, has nothing to disclose.

### Planners and Managers

The PIM planners and managers have nothing to disclose. The AAPT planners and managers have nothing to disclose.

### *Media - Internet*

### **Disclosure of Unlabeled Use**

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

### **Disclaimer**

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

### **Instructions to complete this continuing pharmacy technician education (CPE) topic.**

1. Click [WATCH](#) to view the 1-hour recorded lecture. Viewing the entire lecture is a required element of this CPE.
2. After viewing the recorded lecture, click [TAKE TEST](#) to take the test. The link takes you to CME University where you will login or register if you are a new user (takes less than 1 minute). Have your NABP number and DOB (MM/DD) handy. Once logged in to CME University, follow these steps:
  - A. At the top of the Home page, in the box labeled, "Find Post-Test/Evaluation by Course", type in the code emailed to you after [paying for the CPE](#). Then, hit enter

- B. Click on the CPE title that you have completed from the list
- C. Select the type of credit you wish to receive
- 3. Complete the test with a score of 75%. You are allowed 3 opportunities to reach this minimum score.
- 4. Complete the activity evaluation form.
- 5. Transcript information will be sent to the NABP CPE Monitor Service. Please allow 4 weeks for the credit to appear in your account.
- 6. Optional: [Lecture notes](#) are included if you choose to review.

If you have any questions regarding the CME certification for this activity, please contact Postgraduate Institute for Medicine at: [inquiries@pimed.com](mailto:inquiries@pimed.com) or (303) 799-1930.